Like the lake's waves

An enveloping ritual inspired by the gentle rhythm of the lake, where the warmth of silk meets slow, continuous massage movements. Pouches made from recycled light silk offcuts are gently warmed with steam and glided over the body using sweet almond oil and aromatic essences, creating a deeply relaxing experience.

Filled with rice, Himalayan pink salt, lavender, chamomile and cinnamon, the warm pouches accompany long, fluid movements that flow from the feet up the legs, along the back and towards the shoulders, before travelling down the arms to the hands. Gentle pressure on the palm, the heart of the ritual, evokes the gesture of welcome.

Accompanied by the sounds of nature and the delicate flow of water, the treatment invites body and mind to surrender to a profound sense of harmony and relaxation.

60 MIN – 260 / 90 MIN – 330